



CORBY ATHLETIC CLUB OPEN MEETINGS 2023

ROCKINGHAM TRIANGLE ATHLETICS STADIUM. JIMMY KANE WAY CORBY. NN17 2FB

Under UKA rules Age Groups: as at 31 August 2023

Tuesday March 28th 6.30: 1000m 6.30: Shot Put (u13 +) 6.45: 150m 7.10: 600m 7.10: Long Jump 7.30: 300m	Tuesday April 25th 6.50: 1000m 6.30: Shot Put (u13 +) 7.00: 75m (u11)/ 100m 7.20: 300m 7.10: High Jump (u13+) 7.40: 600m (u11)/ /800m 8.00: 150m (u11)/ 200m
Tuesday May 23rd 6.50: 300/400m (u15+) 7.00: 75m (u11)/ 100m 7.25: 600m (u11)/ 800m 7.45: 150m (u11) /200m 8.00: 1500m	Tuesday June 20th 6.50: 300m (u15+) 7.05: 75m (u11)/ 100m 7.20: 1500m 7.40: 150m (u11) /200m 8.00: 600 (u11)/ 800m
Tuesday July 18th 6.50: 300m/ 400m (u15 +) 7.00: 75m (u11)/ 100m 7.20: 600 (u11)/ 800m 7.40: 150m (u11) /200m 8.00: 3000m	Tuesday August 15th 6.50: 300m/ 400m (u15+) 7.00: 75m (u11)/ 100m 7.20: 600 (u11) 7.30: 150m (u11)/ 200m 7.50: 1 MILE

Entry Conditions:

To enter races of: 300m/ 400m/ 2000m and 3000m you must be an u15 athlete or older
All meetings with electronic timing

OUR OPEN MEETINGS ARE NOW ONLINE BOOKING ONLY

£5.00 PER EVENT

ENTER VIA Entry4Sports WEBSITE

PLEASE NOTE

Sorry no late entries accepted on the night or after online entries close

No refunds if an athlete fails to turn up or arrives late for their event

All times are provisional. The final timetable will be set when all entries are in

Ensure that you are at the event start area 15 minutes before it is due to take place

Numbers must be collected at least 30 mins before event starts to enable seeding

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